

Junioren-Jeugd-senioren Ronde 2
Bergschenhoek, 16-2-2020

Programmanr. 1
16-02-2020 - 16:00

Dames, 400m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|------|------------|--------|------|----|
|------|------|------------|--------|------|----|

Junioren 1 en 2

| | | | | | |
|----|--------------------|---------------------|---------|-----------|----------------|
| 1. | Lieke van den Anel | d'Elft WAVE (SG) | 6:07.15 | 200702010 | 5:42.60 |
| | 50m: 37.18 | 37.18 150m: | | 250m: | 350m: |
| | 100m: 1:19.01 | 41.83 200m: 2:47.75 | | 300m: | 400m: 5:42.60 |
| 2. | Juliëtte Priester | WZK Zwemmen | 6:50.32 | 200800872 | 6:27.28 |
| | 50m: 40.98 | 40.98 150m: | | 250m: | 350m: |
| | 100m: 1:26.98 | 46.00 200m: 3:04.84 | | 300m: | 400m: 6:27.28 |
| 3. | Roos Schotmeijer | d'Elft WAVE (SG) | NT | 200701010 | 6:34.62 |
| | 50m: 44.34 | 44.34 150m: | | 250m: | 350m: |
| | 100m: 1:33.17 | 48.83 200m: 3:13.96 | | 300m: | 400m: 6:34.62 |

13 - 14 jaar

| | | | | | |
|-------|--------------------|---------------------|---------|-----------|----------------|
| 1. | Felicia Adema | d'Elft WAVE (SG) | 5:12.10 | 200501310 | 5:03.34 |
| | 50m: 32.81 | 32.81 150m: | | 250m: | 350m: |
| | 100m: 1:10.31 | 37.50 200m: 2:28.49 | | 300m: | 400m: 5:03.34 |
| 2. | Donna van der Meer | BZ&PC | NT | 200601146 | 5:24.92 |
| | 50m: 37.12 | 37.12 150m: | | 250m: | 350m: |
| | 100m: 1:18.48 | 41.36 200m: 2:42.35 | | 300m: | 400m: 5:24.92 |
| 3. | Ada Eker | WZK Zwemmen | 5:57.84 | 200504608 | 5:46.39 |
| | 50m: 37.81 | 37.81 150m: | | 250m: | 350m: |
| | 100m: 1:21.04 | 43.23 200m: 3:35.10 | | 300m: | 400m: 5:46.39 |
| 4. | Marit Knevel | WZK Zwemmen | NT | 200503016 | 5:48.64 |
| | 50m: 38.38 | 38.38 150m: | | 250m: | 350m: |
| | 100m: 1:21.34 | 42.96 200m: 2:51.51 | | 300m: | 400m: 5:48.64 |
| 5. | Iris Freeman | WZK Zwemmen | NT | 200604632 | 5:51.43 |
| | 50m: 38.39 | 38.39 150m: | | 250m: | 350m: |
| | 100m: 1:21.67 | 43.28 200m: 2:54.95 | | 300m: | 400m: 5:51.43 |
| 6. | Alice Rosato | WZK Zwemmen | 6:12.92 | 200603028 | 5:52.34 |
| | 50m: 37.88 | 37.88 150m: | | 250m: | 350m: |
| | 100m: 1:20.03 | 42.15 200m: 2:49.23 | | 300m: | 400m: 5:52.34 |
| 7. | Sanne Bosch | WZK Zwemmen | NT | 200503420 | 6:16.83 |
| | 50m: 38.08 | 38.08 150m: | | 250m: | 350m: |
| | 100m: 1:23.47 | 45.39 200m: 3:01.12 | | 300m: | 400m: 6:16.83 |
| AFGEM | Eva Kerdel | WZK Zwemmen | NT | 200500930 | |
| AFGEM | Julia Nieuwenhuis | WZK Zwemmen | NT | 200603852 | |

15 - 16 jaar

| | | | | | |
|----|-------------------|---------------------|---------|-----------|----------------|
| 1. | Suzanne Dorsman | d'Elft WAVE (SG) | 5:20.22 | 200303314 | 4:56.34 |
| | 50m: 32.59 | 32.59 150m: | | 250m: | 350m: |
| | 100m: 1:09.34 | 36.75 200m: 2:26.70 | | 300m: | 400m: 4:56.34 |
| 2. | Lucile Bazalgette | d'Elft WAVE (SG) | NT | 200403484 | 5:21.12 |
| | 50m: 36.62 | 36.62 150m: | | 250m: | 350m: |
| | 100m: 1:17.29 | 40.67 200m: 2:40.14 | | 300m: | 400m: 5:21.12 |
| 3. | Dagmar Ros | WZK Zwemmen | NT | 200403050 | 5:34.41 |
| | 50m: 37.13 | 37.13 150m: | | 250m: | 350m: |
| | 100m: 1:19.00 | 41.87 200m: 2:44.11 | | 300m: | 400m: 5:34.41 |

Senioren

| | | | | | |
|----|-----------------|---------------------|---------|-----------|----------------|
| 1. | Laila Kuipers | BZ&PC | NT | 200003124 | 5:05.70 |
| | 50m: 34.53 | 34.53 150m: | | 250m: | 350m: |
| | 100m: 1:11.88 | 37.35 200m: 2:49.48 | | 300m: | 400m: 5:05.70 |
| 2. | Paula Dorsman | d'Elft WAVE (SG) | NT | 200105354 | 5:09.86 |
| | 50m: 33.39 | 33.39 150m: | | 250m: | 350m: |
| | 100m: 1:10.89 | 37.50 200m: 2:29.53 | | 300m: | 400m: 5:09.86 |
| 3. | Femke Noordhoek | De Watervogels | 5:53.06 | 199901150 | 5:17.22 |
| | 50m: 35.43 | 35.43 150m: | | 250m: | 350m: |
| | 100m: 1:15.17 | 39.74 200m: 2:35.64 | | 300m: | 400m: 5:17.22 |
| 4. | Anne Aarts | d'Elft WAVE (SG) | 5:41.13 | 199207942 | 5:20.28 |
| | 50m: 36.18 | 36.18 150m: | | 250m: | 350m: |
| | 100m: 1:16.58 | 40.40 200m: 2:39.55 | | 300m: | 400m: 5:20.28 |

Junioren-Jeugd-senioren Ronde 2
Bergschenhoek, 16-2-2020

Programmanr. 2
16-02-2020 - 16:30

Heren, 200m rugslag

Junioren 1 en ouder
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|------------------------|------------------|---------|-----------|----------------|-------|---------|------|---------|
| Junioren 3 en 4 | | | | | | | | |
| 1. Luuk Bogaert | De Watervogels | 2:28.25 | 200503203 | 2:24.53 | 33.53 | 1:09.93 | | 2:24.53 |
| 2. Timon Wijsman | d'Elft WAVE (SG) | 2:38.01 | 200403707 | 2:41.15 | 36.35 | 1:18.18 | | 2:41.15 |
| 3. Davide Sarasini | WZK Zwemmen | 2:49.58 | 200403941 | 2:43.28 | 38.26 | 1:19.17 | | 2:43.28 |
| 4. Eddie Salkicevic | d'Elft WAVE (SG) | 2:55.23 | 200503983 | 2:44.42 | 38.49 | 1:21.87 | | 2:44.42 |

Jeugd 1 en 2

| | | | | | | | | |
|-------------------|------------------|---------|-----------|----------------|-------|---------|--|---------|
| 1. Vladimir Popov | WZK Zwemmen | NT | 200203979 | 3:04.33 | 43.55 | 1:29.16 | | 3:04.33 |
| 2. Kevin Lu | d'Elft WAVE (SG) | 3:07.04 | 200303283 | 3:10.25 | 43.61 | 1:33.22 | | 3:10.25 |

Senioren 1 en ouder

| | | | | | | | | |
|-------------------|------------------|---------|-----------|----------------|-------|---------|--|---------|
| 1. Alex Vermeulen | WZK Zwemmen | 2:23.53 | 198905811 | 2:24.38 | 33.84 | 1:10.63 | | 2:24.38 |
| 2. Menno Lomans | d'Elft WAVE (SG) | 2:52.00 | 196101071 | 2:55.87 | 44.29 | 1:30.14 | | 2:55.87 |

Programmanr. 3
16-02-2020 - 16:35

Dames, 200m wisselslag

Senioren Open
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|------------------------|----------------|---------|-----------|----------------|-------|------|------|---------|
| Junioren 1 en 2 | | | | | | | | |
| 1. Sara Stevens | De Watervogels | 3:06.79 | 200701878 | 3:04.02 | 39.62 | | | 3:04.02 |
| 2. Tessa Harteveld | De Watervogels | 3:26.49 | 200701876 | 3:18.30 | 43.56 | | | 3:18.30 |

13 - 14 jaar

| | | | | | | | | |
|-------------------------|-------------------|---------|-----------|----------------|-------|--|--|---------|
| 1. Lotte Cornelissen | De Watervogels | 2:51.17 | 200601182 | 2:48.35 | 36.87 | | | 2:48.35 |
| 2. Charlotte van Egmond | De Watervogels | 3:02.17 | 200602390 | 3:02.85 | 41.97 | | | 3:02.85 |
| 3. C. Serrano Garcia | WZK Zwemmen | 3:09.32 | 200504712 | 3:06.40 | 40.75 | | | 3:06.40 |
| 4. Cassandra Romijn | Feijenoord Albion | 3:16.42 | 200601064 | 3:07.96 | 42.28 | | | 3:07.96 |
| AFGEM Eva Stergiou | WZK Zwemmen | NT | 200503974 | | | | | |

15 - 16 jaar

| | | | | | | | | |
|-----------------------|-------------|---------|-----------|----------------|-------|--|--|---------|
| 1. Aukje van Tongeren | WZK Zwemmen | 3:15.94 | 200401818 | 3:15.57 | 43.71 | | | 3:15.57 |
|-----------------------|-------------|---------|-----------|----------------|-------|--|--|---------|

Senioren

| | | | | | | | | |
|---------------------|------------------|---------|-----------|----------------|-------|--|--|---------|
| 1. Jasmijn Ruijgrok | WZK Zwemmen | 2:41.38 | 199401032 | 2:44.46 | 33.89 | | | 2:44.46 |
| 2. Gerda van Mook | d'Elft WAVE (SG) | 2:58.27 | 199301538 | 3:03.87 | 40.17 | | | 3:03.87 |

Programmanr. 4
16-02-2020 - 16:45

Heren, 200m wisselslag

Junioren 1 en ouder
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|------------------------|----------------|---------|-----------|----------------|-------|------|------|---------|
| Junioren 1 en 2 | | | | | | | | |
| 1. Levy van Rosmalen | De Watervogels | 3:09.03 | 200602041 | 3:09.12 | 46.53 | | | 3:09.12 |
| 2. Bauke Vledder | WZK Zwemmen | 3:18.09 | 200701247 | 3:10.61 | 42.95 | | | 3:10.61 |

Junioren 3 en 4

| | | | | | | | | |
|--------------------|----------------|---------|-----------|----------------|-------|--|--|---------|
| 1. Wouter Willig | De Watervogels | 2:36.97 | 200502785 | 2:34.30 | 31.22 | | | 2:34.30 |
| 2. Simon Thijssens | WZK Zwemmen | 2:38.62 | 200503759 | 2:42.88 | 34.77 | | | 2:42.88 |
| 3. Ryan Sindic | WZK Zwemmen | 3:06.88 | 200503697 | 2:57.36 | 38.18 | | | 2:57.36 |

DIS Hugo Tap WZK Zwemmen NT 200504171
VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.

AFGEM Romain Krummenacher WZK Zwemmen 3:03.57 200504173

Junioren-Jeugd-senioren Ronde 2
Bergschenhoek, 16-2-2020

Programmanr. 4, Heren, 200m wisselslag

Jeugd 1 en 2

| | | | | | | |
|------------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. Quinten Nieuwenhuis | WZK Zwemmen | 2:25.95 | 200304577 | 2:31.88 | 31.80 | 2:31.88 |
| 2. Stan Olsthoorn | d'Elft WAVE (SG) | 2:44.37 | 200204605 | 2:43.01 | 34.33 | 2:43.01 |
| 3. Daniël Tap | WZK Zwemmen | NT | 200304885 | 3:15.96 | 43.72 | 3:15.96 |
| AFGEM Koen Pijnacker | BZ&PC | 2:33.67 | 200301437 | | | |

Senioren 1 en ouder

| | | | | | | |
|------------------|-------------|---------|-----------|----------------|-------|---------|
| 1. Gijs Ruijgrok | WZK Zwemmen | 2:32.39 | 199600863 | 2:32.76 | 30.69 | 2:32.76 |
|------------------|-------------|---------|-----------|----------------|-------|---------|

Programmanr. 5
16-02-2020 - 16:50

Dames, 50m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|------|------------|--------|--|------|----|
|------|------|------------|--------|--|------|----|

Junioren 1 en 2

| | | | | | | |
|---------------------|----------------|-------|-----------|--------------|--|--|
| 1. Felicja Hogebrug | De Watervogels | 41.81 | 200703130 | 38.98 | | |
| 2. Sage Freeman | WZK Zwemmen | NT | 200804116 | 44.47 | | |

13 - 14 jaar

| | | | | | | |
|---------------------------|-------------------|-------|-----------|--------------|--|--|
| 1. Cassandra Romijn | Feijenoord Albion | 33.09 | 200601064 | 32.21 | | |
| 2. Puck van Rijn | De Watervogels | 33.44 | 200603302 | 32.95 | | |
| 3. Lavinia Streit | WZK Zwemmen | 33.61 | 200503852 | 33.82 | | |
| 4. Valerie van der Heiden | De Watervogels | 36.09 | 200602394 | 35.74 | | |
| 5. Ruby May Fidder | d'Elft WAVE (SG) | 38.83 | 200602262 | 37.35 | | |
| 6. Lieke van den Baard | De Watervogels | 41.01 | 200602838 | 38.56 | | |
| 7. Evelien Koele | De Watervogels | 40.36 | 200504786 | 41.05 | | |
| AFGEM Eva Kerdel | WZK Zwemmen | 31.06 | 200500930 | | | |

15 - 16 jaar

| | | | | | | |
|---------------------------|----------------|-------|-----------|--------------|--|--|
| 1. Annet van der Sloot | De Watervogels | 32.26 | 200405228 | 31.82 | | |
| 2. Noortje Pulleman | De Watervogels | 32.63 | 200304998 | 33.46 | | |
| 3. Esmee Franken | WZK Zwemmen | 34.34 | 200300516 | 34.21 | | |
| 4. Chrissy Vlaardingbroek | De Watervogels | 34.68 | 200402042 | 34.22 | | |
| 5. Fleur Metzelaar | WZK Zwemmen | 34.84 | 200305614 | 34.60 | | |
| 6. Aukje van Tongeren | WZK Zwemmen | 33.48 | 200401818 | 38.10 | | |

Senioren

| | | | | | | |
|------------------------|------------------|-------|-----------|--------------|--|--|
| 1. Laila Kuipers | BZ&PC | 29.07 | 200003124 | 29.91 | | |
| 2. Carmen Hofstede | De Watervogels | 30.50 | 200205252 | 30.44 | | |
| 3. Ilona van der Knaap | De Watervogels | 31.32 | 199204954 | 31.85 | | |
| 4. Gerda van Mook | d'Elft WAVE (SG) | 32.63 | 199301538 | 33.35 | | |

Programmanr. 6
16-02-2020 - 16:55

Heren, 50m vlinderslag

Junioren 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|------|------------|--------|--|------|----|
|------|------|------------|--------|--|------|----|

Junioren 1 en 2

| | | | | | | |
|-------------------|------------------|-------|-----------|--------------|--|--|
| 1. Bjorn Rijkaart | BZ&PC | 31.64 | 200601337 | 29.65 | | |
| 2. Floris Abbing | d'Elft WAVE (SG) | 40.57 | 200601489 | 39.55 | | |
| 3. Noé Hogervorst | d'Elft WAVE (SG) | 44.88 | 200701965 | 46.53 | | |
| 4. Sybrand Adema | d'Elft WAVE (SG) | 57.71 | 200702445 | 50.81 | | |

Junioren 3 en 4

| | | | | | | |
|------------------|----------------|-------|-----------|--------------|--|--|
| 1. Wouter Willig | De Watervogels | 30.59 | 200502785 | 31.00 | | |
|------------------|----------------|-------|-----------|--------------|--|--|

Junioren-Jeugd-senioren Ronde 2
Bergschenhoek, 16-2-2020

Programmanr. 6, Heren, 50m vlinderslag

Jeugd 1 en 2

| | | | | | | |
|-------|----------------|----------------|-------|-----------|--|--------------|
| 1. | Gjalt Oedzes | De Watervogels | 35.39 | 200204979 | | 39.51 |
| AFGEM | Koen Pijnacker | BZ&PC | 28.62 | 200301437 | | |

Senioren 1 en ouder

| | | | | | | |
|-------|----------------|------------------|-------|-----------|--|--------------|
| 1. | Viktor Reijns | De Watervogels | 32.68 | 198401865 | | 30.17 |
| 2. | Richard Rozema | d'Elft WAVE (SG) | 37.77 | 196701583 | | 38.49 |
| AFGEM | Jelmer Oedzes | De Watervogels | 35.56 | 200105383 | | |

Programmanr. 7
16-02-2020 - 17:00

Dames, 100m rugslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|------|------------|--------|------|----|-----|------|
|------|------|------------|--------|------|----|-----|------|

Junioren 1 en 2

| | | | | | | | |
|----|-----------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Sara Stevens | De Watervogels | 1:22.71 | 200701878 | 1:25.45 | 41.79 | 1:25.45 |
| 2. | Tessa Harteveld | De Watervogels | 1:32.40 | 200701876 | 1:35.13 | 46.27 | 1:35.13 |
| 3. | A. Constantinou | d'Elft WAVE (SG) | NT | 200702086 | 1:50.96 | 52.70 | 1:50.96 |

13 - 14 jaar

| | | | | | | | |
|-------|----------------------|----------------|---------|-----------|----------------|-------|---------|
| 1. | Lotte Cornelissen | De Watervogels | 1:15.26 | 200601182 | 1:16.54 | 38.17 | 1:16.54 |
| 2. | Lavinia Streit | WZK Zwemmen | 1:19.09 | 200503852 | 1:21.32 | 39.25 | 1:21.32 |
| 3. | Charlotte van Egmond | De Watervogels | 1:29.94 | 200602390 | 1:28.22 | 43.59 | 1:28.22 |
| 4. | Myrthe Droogh | WZK Zwemmen | 1:37.47 | 200604000 | 1:30.12 | 43.74 | 1:30.12 |
| AFGEM | Marieke Vledder | WZK Zwemmen | 1:30.88 | 200503798 | | | |

15 - 16 jaar

| | | | | | | | |
|-------|--------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Franka Helder | d'Elft WAVE (SG) | NT | 200304922 | 1:34.24 | 45.27 | 1:34.24 |
| 2. | Fleur Metzelaar | WZK Zwemmen | 1:39.57 | 200305614 | 1:47.48 | 52.12 | 1:47.48 |
| AFGEM | Elinor Kloppenburg | d'Elft WAVE (SG) | NT | 200404332 | | | |

Senioren

| | | | | | | | |
|----|------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Anne Aarts | d'Elft WAVE (SG) | 1:20.12 | 199207942 | 1:20.97 | 39.56 | 1:20.97 |
|----|------------|------------------|---------|-----------|----------------|-------|---------|

Programmanr. 8
16-02-2020 - 17:05

Heren, 100m schoolslag

Junioren 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|------|------------|--------|------|----|-----|------|
|------|------|------------|--------|------|----|-----|------|

Junioren 1 en 2

| | | | | | | | |
|----|------------------------|----------------|---------|-----------|----------------|-------|---------|
| 1. | Levy van Rosmalen | De Watervogels | 1:30.22 | 200602041 | 1:34.15 | 44.08 | 1:34.15 |
| 2. | Stijn Vlaardingerbroek | De Watervogels | 1:42.63 | 200600279 | 1:42.38 | 47.32 | 1:42.38 |
| 3. | Bauke Vledder | WZK Zwemmen | 1:48.76 | 200701247 | 1:44.50 | 48.51 | 1:44.50 |

Junioren 3 en 4

| | | | | | | | |
|-------|---------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Simon Thijsssen | WZK Zwemmen | 1:21.56 | 200503759 | 1:23.03 | 39.37 | 1:23.03 |
| 2. | Wout van Oevelen | d'Elft WAVE (SG) | 1:30.40 | 200404319 | 1:25.02 | 40.28 | 1:25.02 |
| 3. | Davide Sarasini | WZK Zwemmen | 1:34.05 | 200403941 | 1:29.17 | | 1:29.17 |
| 4. | Hongyu Chok | WZK Zwemmen | 1:44.16 | 200504011 | 1:31.40 | 42.96 | 1:31.40 |
| 5. | Milan de Koning | De Watervogels | 1:46.14 | 200503345 | 1:36.90 | 45.08 | 1:36.90 |
| 6. | Hugo Tap | WZK Zwemmen | NT | 200504171 | 1:44.40 | 49.01 | 1:44.40 |
| AFGEM | Romain Krummenacher | WZK Zwemmen | NT | 200504173 | | | |

Junioren-Jeugd-senioren Ronde 2
Bergschenhoek, 16-2-2020

Programmanr. 8, Heren, 100m schoolslag

Jeugd 1 en 2

| | | | | | | | |
|----|--------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Stan Olsthoorn | d'Elft WAVE (SG) | 1:16.32 | 200204605 | 1:19.13 | 36.87 | 1:19.13 |
| 2. | Martijn Jobse | De Watervogels | 1:22.88 | 200203477 | 1:22.25 | 38.09 | 1:22.25 |
| 3. | Julian Kouwenhoven | d'Elft WAVE (SG) | NT | 200205021 | 1:28.22 | 41.59 | 1:28.22 |
| 4. | Daniël Tap | WZK Zwemmen | 1:31.72 | 200304885 | 1:31.40 | 42.39 | 1:31.40 |

Senioren 1 en ouder

| | | | | | | | |
|----|----------------|----------------|---------|-----------|----------------|-------|---------|
| 1. | Alex Vermeulen | WZK Zwemmen | 1:15.53 | 198905811 | 1:17.91 | 36.73 | 1:17.91 |
| 2. | Michiel Reijns | De Watervogels | 1:22.88 | 198702737 | 1:23.03 | 38.17 | 1:23.03 |

Programmanr. 9
16-02-2020 - 17:10

Dames, 50m schoolslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|------|------------|--------|--|------|----|
|------|------|------------|--------|--|------|----|

Junioren 1 en 2

| | | | | | | |
|----|------------------|----------------|-------|-----------|--------------|--|
| 1. | Felicja Hogebrug | De Watervogels | 46.83 | 200703130 | 47.64 | |
| 2. | Sage Freeman | WZK Zwemmen | NT | 200804116 | 54.34 | |

13 - 14 jaar

| | | | | | | |
|-------|-------------------------|-------------------|-------|-----------|--------------|--|
| 1. | Donna van der Meer | BZ&PC | 45.57 | 200601146 | 42.55 | |
| 2. | Carolina Serrano Garcia | WZK Zwemmen | 41.99 | 200504712 | 44.48 | |
| 3. | Puck van Rijn | De Watervogels | 44.88 | 200603302 | 45.10 | |
| 4. | Cassandra Romijn | Feijenoord Albion | 48.85 | 200601064 | 47.30 | |
| 5. | Merel Groote | d'Elft WAVE (SG) | 47.44 | 200604446 | 48.15 | |
| 6. | Valerie van der Heiden | De Watervogels | 48.71 | 200602394 | 49.50 | |
| 7. | Rynke van den Berg | d'Elft WAVE (SG) | 51.33 | 200504534 | 50.40 | |
| 8. | Lieke van den Baard | De Watervogels | 50.88 | 200602838 | 50.41 | |
| AFGEM | Eva Stergiou | WZK Zwemmen | 50.19 | 200503974 | | |

15 - 16 jaar

| | | | | | | |
|----|--------------------------|----------------|-------|-----------|--------------|--|
| 1. | Eline Schaap | BZ&PC | 40.09 | 200303734 | 40.36 | |
| 2. | Chrissy Vlaardingerbroek | De Watervogels | 42.62 | 200402042 | 42.26 | |
| 3. | Esmee Franken | WZK Zwemmen | 45.46 | 200300516 | 45.50 | |
| 4. | Noortje Pulleman | De Watervogels | 46.79 | 200304998 | 46.91 | |

Senioren

| | | | | | | |
|----|------------|------------------|-------|-----------|--------------|--|
| 1. | Elisa Arts | d'Elft WAVE (SG) | 42.67 | 200006728 | 44.04 | |
|----|------------|------------------|-------|-----------|--------------|--|

Programmanr. 10
16-02-2020 - 17:15

Heren, 50m rugslag

Junioren 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|------|------------|--------|--|------|----|
|------|------|------------|--------|--|------|----|

Junioren 1 en 2

| | | | | | | |
|----|----------------|------------------|-------|-----------|--------------|--|
| 1. | Bjorn Rijkaart | BZ&PC | 32.57 | 200601337 | 31.53 | |
| 2. | Noé Hogervorst | d'Elft WAVE (SG) | 44.60 | 200701965 | 45.97 | |

Junioren 3 en 4

| | | | | | | |
|-------|--------------|-------------|-------|-----------|--------------|--|
| 1. | Bouke Schaap | BZ&PC | 36.70 | 200503197 | 35.57 | |
| 2. | Hongyu Chok | WZK Zwemmen | 43.07 | 200504011 | 43.36 | |
| AFGEM | Emre Oguz | WZK Zwemmen | 39.31 | 200503987 | | |

Jeugd 1 en 2

| | | | | | | |
|----|---------------------|-------------|-------|-----------|--------------|--|
| 1. | Quinten Nieuwenhuis | WZK Zwemmen | 32.74 | 200304577 | 33.63 | |
|----|---------------------|-------------|-------|-----------|--------------|--|

Junioren-Jeugd-senioren Ronde 2
Bergschenhoek, 16-2-2020

Programmanr. 10, Heren, 50m rugslag

Senioren 1 en ouder

| | | | | | | |
|--------------------|------------------|-------|-----------|--|--|--------------|
| 1. Thijs Molendijk | d'Elft WAVE (SG) | 28.53 | 199900477 | | | 28.86 |
|--------------------|------------------|-------|-----------|--|--|--------------|

Programmanr. 11
16-02-2020 - 17:20

Dames, 100m vlinderslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|---------------------|-----------------|------------------|---------|-----------|----|-------|---------|
| 13 - 14 jaar | | | | | | | |
| 1. | Felicia Adema | d'Elft WAVE (SG) | 1:30.90 | 200501310 | | 37.94 | 1:25.30 |
| 2. | Iris Freeman | WZK Zwemmen | 1:44.84 | 200604632 | | 40.87 | 1:28.48 |
| 3. | Alice Rosato | WZK Zwemmen | 1:44.51 | 200603028 | | 40.96 | 1:31.30 |
| 4. | Myrthe Droogh | WZK Zwemmen | 1:51.48 | 200604000 | | 47.74 | 1:41.86 |
| 5. | Evelien Koele | De Watervogels | 1:44.81 | 200504786 | | 51.32 | 1:45.66 |
| AFGEM | Eva Kerdel | WZK Zwemmen | 1:30.64 | 200500930 | | | |
| AFGEM | Marieke Vledder | WZK Zwemmen | NT | 200503798 | | | |

15 - 16 jaar

| | | | | | | | |
|------------------------|------------------|---------|-----------|--|--|-------|---------|
| 1. Lucile Bazalgette | d'Elft WAVE (SG) | 1:11.48 | 200403484 | | | 32.82 | 1:14.43 |
| 2. Annet van der Sloot | De Watervogels | 1:34.78 | 200405228 | | | 42.65 | 1:32.60 |

Senioren

| | | | | | | | |
|------------------------|------------------|---------|-----------|--|--|-------|---------|
| 1. Jasmijn Ruijgrok | WZK Zwemmen | 1:14.53 | 199401032 | | | 34.05 | 1:13.23 |
| 2. Anne Aarts | d'Elft WAVE (SG) | 1:15.35 | 199207942 | | | 36.60 | 1:17.58 |
| 3. Carmen Hofstede | De Watervogels | 1:19.91 | 200205252 | | | 34.85 | 1:18.99 |
| 4. Ilona van der Knaap | De Watervogels | 1:19.64 | 199204954 | | | 36.88 | 1:22.10 |

Programmanr. 12
16-02-2020 - 17:25

Heren, 100m vrije slag

Junioren 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------------------------|-----------------------|------------------|---------|-----------|----|-------|---------|
| Junioren 1 en 2 | | | | | | | |
| 1. | Bauke Vledder | WZK Zwemmen | 1:14.03 | 200701247 | | 34.39 | 1:12.46 |
| 2. | Floris Abbing | d'Elft WAVE (SG) | 1:14.91 | 200601489 | | 35.05 | 1:15.05 |
| 3. | Sybrand Adema | d'Elft WAVE (SG) | 1:29.53 | 200702445 | | 39.13 | 1:22.11 |
| 4. | Stijn Vlaardingebroek | De Watervogels | 1:23.87 | 200600279 | | 39.30 | 1:22.93 |

Junioren 3 en 4

| | | | | | | | |
|--------------------|------------------|-------------|-----------|-----------|--|-------|---------|
| 1. Luuk Bogaert | De Watervogels | 1:01.40 | 200503203 | | | 28.93 | 1:00.69 |
| 2. Timon Wijsman | d'Elft WAVE (SG) | 1:03.22 | 200403707 | | | 28.54 | 1:01.82 |
| 3. Davide Sarasini | WZK Zwemmen | 1:08.58 | 200403941 | | | 29.65 | 1:03.47 |
| 4. Wouter Willig | De Watervogels | 1:01.50 | 200502785 | | | 30.96 | 1:04.17 |
| 5. Bouke Schaap | BZ&PC | 1:09.82 | 200503197 | | | 32.62 | 1:06.80 |
| 6. Ryan Sindic | WZK Zwemmen | 1:12.85 | 200503697 | | | 33.85 | 1:10.81 |
| 7. Milan de Koning | De Watervogels | 1:19.30 | 200503345 | | | 38.83 | 1:22.45 |
| AFGEM | Emre Oguz | WZK Zwemmen | 1:07.66 | 200503987 | | | |

Jeugd 1 en 2

| | | | | | | | |
|-----------------------|------------------|---------|-----------|-----------|--|-------|---------|
| 1. Miguel Boersma | WZK Zwemmen | 1:01.65 | 200300233 | | | 28.33 | 1:00.84 |
| 2. Vladimir Popov | WZK Zwemmen | 1:05.19 | 200203979 | | | 31.56 | 1:07.05 |
| 3. Kevin Lu | d'Elft WAVE (SG) | 1:09.37 | 200303283 | | | 32.69 | 1:07.87 |
| 4. Martijn Jobse | De Watervogels | 1:05.26 | 200203477 | | | 31.28 | 1:09.19 |
| 5. Julian Kouwenhoven | d'Elft WAVE (SG) | NT | 200205021 | | | 33.55 | 1:09.98 |
| 6. Gjalt Oedzes | De Watervogels | 1:15.71 | 200204979 | | | 37.97 | 1:20.48 |
| AFGEM | Koen Pijnacker | BZ&PC | 59.87 | 200301437 | | | |

Junioren-Jeugd-senioren Ronde 2
Bergschenhoek, 16-2-2020

Programmanr. 12, Heren, 100m vrije slag

Senioren 1 en ouder

| | | | | | | | |
|-------|----------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Gijs Ruijgrok | WZK Zwemmen | 59.39 | 199600863 | 59.64 | 28.78 | 59.64 |
| 2. | Alex Vermeulen | WZK Zwemmen | 59.21 | 198905811 | 1:00.05 | 28.93 | 1:00.05 |
| 3. | Viktor Reijns | De Watervogels | 1:01.23 | 198401865 | 1:00.96 | 29.03 | 1:00.96 |
| 4. | Richard Rozema | d'Elft WAVE (SG) | 1:12.76 | 196701583 | 1:12.67 | 34.54 | 1:12.67 |
| AFGEM | Jelmer Oedzes | De Watervogels | 1:09.50 | 200105383 | | | |
| AFGEM | Ferry Adema | d'Elft WAVE (SG) | 1:01.81 | 197100007 | | | |

Programmanr. 13
16-02-2020 - 17:35

Dames, 100m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------------------------|-------------------------|-------------------|---------|-----------|----------------|-------|---------|
| Junioren 1 en 2 | | | | | | | |
| 1. | Sara Stevens | De Watervogels | 1:16.15 | 200701878 | 1:17.52 | 37.33 | 1:17.52 |
| 2. | Juliëtte Priester | WZK Zwemmen | 1:24.75 | 200800872 | 1:22.51 | 39.09 | 1:22.51 |
| 3. | A. Constantinou | d'Elft WAVE (SG) | 1:37.46 | 200702086 | 1:28.43 | 46.70 | 1:28.43 |
| 13 - 14 jaar | | | | | | | |
| 1. | Lotte Cornelissen | De Watervogels | 1:08.96 | 200601182 | 1:10.51 | 33.15 | 1:10.51 |
| 2. | Ada Eker | WZK Zwemmen | 1:12.05 | 200504608 | 1:12.85 | 34.67 | 1:12.85 |
| 3. | Charlotte van Egmond | De Watervogels | 1:13.84 | 200602390 | 1:14.09 | 35.81 | 1:14.09 |
| 4. | Marit Knevel | WZK Zwemmen | 1:13.64 | 200503016 | 1:14.57 | 35.23 | 1:14.57 |
| 5. | Cassandra Romijn | Feijenoord Albion | 1:16.35 | 200601064 | 1:15.22 | 36.10 | 1:15.22 |
| 6. | Carolina Serrano Garcia | WZK Zwemmen | 1:16.02 | 200504712 | 1:16.72 | 36.71 | 1:16.72 |
| 7. | Sanne Bosch | WZK Zwemmen | 1:17.45 | 200503420 | 1:18.60 | 35.89 | 1:18.60 |
| AFGEM | Julia Nieuwenhuis | WZK Zwemmen | 1:14.71 | 200603852 | | | |
| AFGEM | Eva Stergiou | WZK Zwemmen | 1:23.69 | 200503974 | | | |

15 - 16 jaar

| | | | | | | | |
|----|--------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Suzanne Dorsman | d'Elft WAVE (SG) | 1:02.39 | 200303314 | 1:00.60 | 28.90 | 1:00.60 |
| 2. | Eline Schaap | BZ&PC | 1:11.47 | 200303734 | 1:08.20 | 32.55 | 1:08.20 |
| 3. | Dagmar Ros | WZK Zwemmen | 1:13.94 | 200403050 | 1:11.85 | 34.73 | 1:11.85 |
| 4. | Aukje van Tongeren | WZK Zwemmen | 1:21.63 | 200401818 | 1:16.42 | 37.33 | 1:16.42 |
| 5. | Esmee Franken | WZK Zwemmen | 1:16.15 | 200300516 | 1:16.52 | 36.73 | 1:16.52 |
| 6. | Noortje Pulleman | De Watervogels | 1:19.39 | 200304998 | 1:18.07 | 37.53 | 1:18.07 |
| 7. | Fleur Metzelaar | WZK Zwemmen | 1:16.59 | 200305614 | 1:25.64 | 38.79 | 1:25.64 |

Senioren

| | | | | | | | |
|----|-----------------|----------------|---------|-----------|----------------|-------|---------|
| 1. | Femke Noordhoek | De Watervogels | 1:05.02 | 199901150 | 1:07.06 | 32.01 | 1:07.06 |
|----|-----------------|----------------|---------|-----------|----------------|-------|---------|

Programmanr. 14
16-02-2020 - 17:45

Heren, 100m rugslag

Junioren 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------------------------|---------------------|----------------|---------|-----------|----------------|-------|---------|
| Junioren 1 en 2 | | | | | | | |
| 1. | Levy van Rosmalen | De Watervogels | 1:24.29 | 200602041 | 1:33.12 | 45.48 | 1:33.12 |
| Junioren 3 en 4 | | | | | | | |
| 1. | Simon Thijssens | WZK Zwemmen | 1:17.85 | 200503759 | 1:15.45 | 37.08 | 1:15.45 |
| 2. | Bouke Schaap | BZ&PC | 1:16.94 | 200503197 | 1:18.31 | 38.53 | 1:18.31 |
| 3. | Hugo Tap | WZK Zwemmen | NT | 200504171 | 1:46.93 | 53.48 | 1:46.93 |
| Jeugd 1 en 2 | | | | | | | |
| 1. | Quinten Nieuwenhuis | WZK Zwemmen | 1:07.65 | 200304577 | 1:12.17 | 35.13 | 1:12.17 |
| 2. | Daniël Tap | WZK Zwemmen | 1:44.45 | 200304885 | 1:36.06 | 46.58 | 1:36.06 |

Junioren-Jeugd-senioren Ronde 2
Bergschenhoek, 16-2-2020

Programmanr. 15
16-02-2020 - 17:45

Dames, 100m wisselslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------------------------|---------------------|------------------|---------|-----------|----------------|-------|---------|
| Junioren 1 en 2 | | | | | | | |
| 1. | Lieke van den Andel | d'Elft WAVE (SG) | 1:26.48 | 200702010 | 1:21.21 | 36.89 | 1:21.21 |
| 2. | Roos Schotmeijer | d'Elft WAVE (SG) | 1:27.43 | 200701010 | 1:25.30 | 39.52 | 1:25.30 |
| 3. | Tessa Harteveld | De Watervogels | 1:37.65 | 200701876 | 1:33.07 | 43.28 | 1:33.07 |
| 4. | Felicja Hogebrug | De Watervogels | 1:46.98 | 200703130 | 1:42.02 | 50.78 | 1:42.02 |
| 5. | Sage Freeman | WZK Zwemmen | NT | 200804116 | 1:49.70 | 51.65 | 1:49.70 |

13 - 14 jaar

| | | | | | | | |
|-----|------------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Donna van der Meer | BZ&PC | 1:19.68 | 200601146 | 1:18.27 | 35.44 | 1:18.27 |
| 2. | Lavinia Streit | WZK Zwemmen | NT | 200503852 | 1:25.79 | 38.47 | 1:25.79 |
| 3. | Iris Freeman | WZK Zwemmen | 1:28.10 | 200604632 | 1:26.06 | 40.82 | 1:26.06 |
| 4. | Puck van Rijn | De Watervogels | 1:30.12 | 200603302 | 1:27.24 | 41.74 | 1:27.24 |
| 5. | Myrthe Droogh | WZK Zwemmen | 1:28.70 | 200604000 | 1:29.29 | 42.10 | 1:29.29 |
| 6. | Valerie van der Heiden | De Watervogels | 1:30.89 | 200602394 | 1:33.34 | 44.07 | 1:33.34 |
| 7. | Merel Groote | d'Elft WAVE (SG) | NT | 200604446 | 1:33.56 | 43.90 | 1:33.56 |
| 8. | Rynke van den Berg | d'Elft WAVE (SG) | 1:35.57 | 200504534 | 1:35.67 | 44.66 | 1:35.67 |
| 9. | Lieke van den Baard | De Watervogels | 1:40.88 | 200602838 | 1:39.24 | 47.92 | 1:39.24 |
| DIS | Ruby May Fidler | d'Elft WAVE (SG) | 1:35.07 | 200602262 | | | |

VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.

AFGEM Marieke Vledder WZK Zwemmen 1:30.49 200503798

15 - 16 jaar

| | | | | | | | |
|----|--------------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Eline Schaap | BZ&PC | 1:21.04 | 200303734 | 1:19.89 | 38.40 | 1:19.89 |
| 2. | Annet van der Sloot | De Watervogels | 1:23.52 | 200405228 | 1:23.30 | 39.29 | 1:23.30 |
| 3. | Chrissy Vlaardingerbroek | De Watervogels | 1:26.70 | 200402042 | 1:28.63 | 42.66 | 1:28.63 |
| 4. | Franka Helder | d'Elft WAVE (SG) | NT | 200304922 | 1:30.78 | 40.89 | 1:30.78 |

AFGEM Elinor Kloppenburg d'Elft WAVE (SG) NT 200404332

Senioren

| | | | | | | | |
|----|---------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Paula Dorsman | d'Elft WAVE (SG) | 1:17.66 | 200105354 | 1:12.89 | 34.57 | 1:12.89 |
| 2. | Carmen Hofstede | De Watervogels | NT | 200205252 | 1:18.51 | 35.76 | 1:18.51 |
| 3. | Laila Kuipers | BZ&PC | 1:18.69 | 200003124 | 1:19.80 | 36.19 | 1:19.80 |
| 4. | Ilona van der Knaap | De Watervogels | 1:20.46 | 199204954 | 1:21.22 | 38.04 | 1:21.22 |
| 5. | Elisa Arts | d'Elft WAVE (SG) | 1:26.19 | 200006728 | 1:27.95 | 41.81 | 1:27.95 |

Programmanr. 16
16-02-2020 - 17:55

Heren, 100m wisselslag

Junioren 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------------------------|------------------------|----------------|---------|-----------|----------------|-------|---------|
| Junioren 1 en 2 | | | | | | | |
| 1. | Bjorn Rijkaart | BZ&PC | 1:08.48 | 200601337 | 1:08.91 | 31.00 | 1:08.91 |
| DIS | Stijn Vlaardingerbroek | De Watervogels | 1:38.20 | 200600279 | | | |

VD - Schoolslagbenen gezwommen of andere stuwende beweging in het horizontale vlak., VE

Junioren 3 en 4

| | | | | | | | |
|----|------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Luuk Bogaert | De Watervogels | 1:14.57 | 200503203 | 1:11.13 | 32.32 | 1:11.13 |
| 2. | Wout van Oevelen | d'Elft WAVE (SG) | 1:19.41 | 200404319 | 1:11.96 | 32.76 | 1:11.96 |
| 3. | Eddie Salkicevic | d'Elft WAVE (SG) | NT | 200503983 | 1:18.55 | 37.39 | 1:18.55 |
| 4. | Hongyu Chok | WZK Zwemmen | 1:20.53 | 200504011 | 1:20.74 | 38.84 | 1:20.74 |

AFGEM Romain Krummenacher WZK Zwemmen NT 200504173
AFGEM Emre Oguz WZK Zwemmen 1:28.99 200503987

Junioren-Jeugd-senioren Ronde 2
Bergschenhoek, 16-2-2020

Programmanr. 16, Heren, 100m wisselslag

Jeugd 1 en 2

| | | | | | | | |
|----|----------------|----------------|---------|-----------|----------------|-------|---------|
| 1. | Miguel Boersma | WZK Zwemmen | NT | 200300233 | 1:11.38 | 32.75 | 1:11.38 |
| 2. | Martijn Jobse | De Watervogels | 1:13.06 | 200203477 | 1:14.99 | 33.84 | 1:14.99 |
| 3. | Vladimir Popov | WZK Zwemmen | 1:16.71 | 200203979 | 1:17.23 | 36.39 | 1:17.23 |
| 4. | Gjalt Oedzes | De Watervogels | 1:21.92 | 200204979 | 1:28.12 | 40.24 | 1:28.12 |

Senioren 1 en ouder

| | | | | | | | |
|-------|-----------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Thijs Molendijk | d'Elft WAVE (SG) | 1:04.68 | 199900477 | 1:03.25 | 28.03 | 1:03.25 |
| 2. | Michiel Reijns | De Watervogels | 1:11.37 | 198702737 | 1:11.63 | 32.94 | 1:11.63 |
| AFGEM | Jelmer Oedzes | De Watervogels | 1:21.65 | 200105383 | | | |